



SAN FRANCISCO  
INTEGRATIVE MEDICINE

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**Men's Fertility History**

CONFIDENTIAL

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Please answer the following questions:

1. How long have you and your partner been trying to conceive? \_\_\_\_\_
2. How is your sexual energy?  Low  Normal  High
3. Do you have undescended testes?  Yes  No
4. Have you ever been diagnosed with a varicocele?  Yes  No
5. Have you had any urologic surgeries?  Yes  No
6. Have you had a vasectomy reversed?  Yes  No
7. Have you experienced difficulty maintaining an erection?  Yes  No
8. Have you experienced difficulty ejaculating?  Yes  No
9. Do you experience premature ejaculation?  Yes  No
10. Have you been exposed to any known environmental toxins or hormones?  Yes  No
11. Do you smoke?  Yes  No
12. Do you eat lots of processed snack foods?  Yes  No
13. Have you experienced penile discharge?  Yes  No
14. Do you regularly experience nocturnal emissions?  Yes  No
15. Have you had a fertility workup?  Yes  No  
If yes, what was your sperm count?  Below normal  Normal Number \_\_\_\_\_
16. What was the sperm motility?  Below normal  Normal  
Specifics \_\_\_\_\_
17. What was your sperm morphology?  Below normal  Normal Specifics \_\_\_\_\_

Please list all prescription & non-prescription medications you are currently taking, including herbs, supplements, and over-the-counter medications:

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Notes: